

TOUR DATA		Percentage of Distance
Total Distance	17,42 km	100%
Height Variation Uphill	692 Hm	
Height Variat. Downhill	-693 Hm	
Maximum Height	2341 m	
Tarmac Road	0,12 km	1%
Tarmac Cyclepath	6,45 km	37%
Gravel	3,60 km	21%
Hikingtrail	0,13 km	1%
Single Track	7,12 km	41%
Push/Carry	0,00 km	0%

RIDING TIME		Net Riding Time without pauses
Riding Time at 10 km/h	1 Std 44 min	
Riding Time at 12 km/h	1 Std 27 min	
Riding Time at 14 km/h	1 Std 14 min	
Riding Time at 16 km/h	1 Std 05 min	
Riding Time at 18 km/h	58 min	
Riding Time at 20 km/h	52 min	
Riding Time at 22 km/h	47 min	

GETTING THERE AND STARTING POINT

Getting there:

From Frankfurt/Stuttgart take motorway via Ulm – Memmingen – Bregenz – Switzerland – Landquart to Klosters. Here you can either continue via Davos – Flüela Pass to Zernez or put your car on the train through the Vereina tunnel to Zernez. Continue in direction of the Ofen Pass as far as Punt La Drossa, where you take a right turn through the Swiss customs post and then on through the sin-

Starting Point

gle lane tunnel to Italy and Livigno. From Munich take motorway via Garmisch – Fernpass – Imst – before Landeck turn off in direction of Reschen Pass – on to Pfunds where you turn off to the right in direction of Zernez via Scuol. From Zernez follow the above instructions.

The cycle path (Ciclabile) starts in front of the Mottolino cable car station.

TOUR EVALUATION

Overall Difficulty	3,5	●●●●○
Climb Difficulty	3,2	●●●●○
Descent Difficulty	4,0	●●●●○

PHYSICAL CONDITION

Overall Condition	2,7	●●●●○
Total Height Variation	3,0	●●●●○
Total Distance	2,0	●●●●○
Maximum Altitude	4,0	●●●●○

RIDING TECHNIQUE

Overall Riding Technique	5,0	●●●●●
Surface	5,0	●●●●●
Average climb gradient	5,0	●●●●●
Average descent gradient	5,0	●●●●●

EMOTIONAL EXPERIENCE

Panorama	4,0	●●●●○
Riding Fun	5,0	●●●●●

ROADBOOK

Nr	km	Next	Hm	Sym	Location	Direction	Weg	Time 22 km/h	Time 10 km/h
1	0,00	0,20	1813		start in Livigno in front of Mottolino main telecabine	straight follow cycle-path direction south	R -0% →	09:00	09:00
2	0,20	0,91	1812		crossing with road to Passo d'Eira	straight through underpass follow cyclepath	R 1% →	09:00	09:01
3	1,11	0,48	1826		bifurcation	left follow cyclepath	R 1% →	09:03	09:06
4	1,59	1,03	1832		crossing at large wooden flower tub	straight La Pedaleda follow cyclepath	R 2% →	09:04	09:09
5	2,62	0,44	1851		junction after bridge	right La Padaleda	R 0% →	09:07	09:15
6	3,06	0,73	1851		junction gravel path towards Bar Fior di Bosco	straight	R 2% →	09:09	09:18
7	3,79	0,24	1866		junction gravel path-right hand turn	right follow cyclepath	R -1% →	09:11	09:22
8	4,03	0,87	1863		junction after bridge before the houses	left follow cyclepath along river	R 1% →	09:12	09:24
9	4,90	0,19	1873		crossing beside road	straight follow cyclepath	R 0% →	09:14	09:29
10	5,09	0,44	1874		junction cyclepath after underpass	straight	R 2% →	09:15	09:30
11	5,53	0,39	1881		junction cross over bridge	straight	R 1% →	09:16	09:33



ROADBOOK									
Nr	km	Next	Hm	Sym	Location	Direction	Weg	Time 22 km/h	Time 10 km/h
12	5,92	0,22	1886		junction from the cycle path	left over river against La Pedaleda after underpass right beside road	S 2% →	09:17	09:35
13	6,14	0,37	1890		junction beside road	left Via Compart	R 7% ↗	09:18	09:36
14	6,50	0,04	1915		junction trail 115 SA Campaciol	left over bridge	S -4% ↓	09:19	09:39
15	6,54	0,49	1913		junctions gravel path	straight uphill Valle delle Mine	S 12% ↗	09:19	09:39
16	7,03	0,16	1973		junction Teola Livigno right hand turn	right gravel path uphill	S 8% ↗	09:21	09:42
17	7,19	1,38	1986		junction	left uphill	S 12% ↗	09:21	09:43
18	8,57	3,34	2151		junction path in front of Malga delle Mine	sharp left path Motton dell'Al	P 3% →	09:25	09:51
19	11,91	2,06	2267		junction path Baitel Ables	straight follow path	P -2% →	09:35	10:11
20	13,97	1,16	2234		lift station	left before lift station	S -12% ↓	09:41	10:23
21	15,13	0,12	2094		junction road	right direction Passo d'Eira	A 7% ↗	09:45	10:30
22	15,25	0,91	2102		end of road barrier left	sharp left behind barrier, ca. 100m return along road, then right downhill through field path, downhill visible after ca. 250m	P -17% ↓	09:45	10:31

ROADBOOK									
Nr	km	Next	Hm	Sym	Location	Direction	Weg	Time 22 km/h	Time 10 km/h
23	16,16	0,59	1944		path junction towards road	right downhill follow path	P -14% ↓	09:48	10:36
24	16,75	0,13	1863		junction	sharp right forest path downhill	W -13% ↓	09:50	10:40
25	16,88	0,22	1846		junction gravel road	straight cross path continue up path	P -5% ↓	09:50	10:41
26	17,10	0,12	1835		junction gravel path in front of lift	left downhill to event booth	S -16% ↓	09:51	10:42
27	17,22	0,16	1816		junction tarmac road	right La Pedaleda towards tent/booth	R -1% →	09:51	10:43
28	17,38	0,04	1814		junction	left over bridge towards Mottolino	S -2% →	09:52	10:44
29	17,42	0,00	1813	●	crossing cyclepath in front of Mottolino	end of tour	S →	09:52	10:44

USEFUL TIP

Please use the menu just below the Bike GPS logo to view the history to download the roadbook, the altitude profile or the photos to the tour of your choice. You must keep the roadbook and altitude profile files in the same folder as the characteristics file in order to enable the automatic links. You can print all three files separately, fold them down the middle and take them along on the tour.

EXPLANATION OF EVALUATION FACTORS:

Total-difficulty composed by climb difficulty (60%), descent difficulty (40%)

Climb difficulty composed by total lenght uphill (30%), overall height variation uphill (30%), surface uphill (10%), average slope uphill (25%), highest reached altitude (5%).

Descent difficulty composed by total lenght downhill (10%), overall height variation downhill (10%), surface downhill (50%), average slope downhill (30%).

Physical condition composed by total distance (40%), overall height variation (50%) and highest altitude(10%).

Riding technique composed by surface (50%), average slope uphill (30%) and average slope downhill (20%).

Panorama and riding fun: subjective evaluation by the author

EXPLANATION OF SURFACE AND SLOPE

A = tarmac road	↑	steep uphill	over + 15 %
R = tarmac cyclepath	↗	uphill	until + 14 %
S = gravel	→	even	ca. +/- 4 %
W = hikingtrail	↘	downhill	until - 19 %
P = path/single trail	↓	steep downhill	over - 20 %
T = push/carry			

Path: the percentage value indicates the average slope from one waypoint to the next one.

Time: Waypoint 1 = starting time. Below time at each waypoint at maximum (left) and minimum (right) average speed.